

## FORCE Spring Training Schedule - April 4 - June 10

Girls	First Session	Training Location	Second Session	Training Location	Third Session	Training Location
2012-13 Blue	Mon - 6:30-8PM	Lippold TBD	Thu 6:30-8PM	Lippold	Fri 6-7:30PM	Lippold 6/7
2012-13 White	Mon - 6:30-8PM	Lippold	Thu 5-6:30PM	Lippold	Fri 6-7:30PM	Lippold 6/7
2011 Pool	Wed 4:30-6PM	MAC	Thu 7-8:30PM	Lippold	Fri 6-7:30PM	Lippold 15/16
2010 Elite	Tue 7:30-9PM	Lippold	Wed 7:30-9pm	MAC	Fri 6-7:30PM	Lippold 15/16
2009 Elite	Mon 6-7:30PM	Lippold	Wed 7:30-9pm	MAC	Thu 6-7:30PM	Lippold 5
2008 Elite	Mon 6-7:30PM	Lippold	Wed 7:30-9pm	MAC	Thu 6-7:30PM	Lippold 5
2008 Premier	Mon 7:30-9PM	Lippold	Wed 5:30-7pm	Lippold	Thu 6-7:30PM	Lippold 5
Boys	First Session	Training Location	Second Session	Training Location	Third Session	Training Location
2014 Elite	Mon 5-6:30PM	Lippold	Thu 5-6:30PM	Lippold	Fri 4:30-6PM	Lippold 6/7
2014 Premier	Mon 5-6:30PM	Lippold	Thu 5-6:30PM	Lippold	Fri 4:30-6PM	Lippold 6/7
2013 Elite	Tue 4:30-6PM	Lippold	Wed 6-7:30PM	MAC	Fri 4:30-6PM	Lippold 6/7
2013 Premier	Mon 5-6:30PM	Lippold	Tue 5-6:30PM	Lippold	Fri 4:30-6PM	Lippold 6/7
2012 Elite	Mon 5-6:30PM	Lippold	Wed 6-7:30PM	MAC	Fri 4:30-6PM	Lippold 6/7
2011 Blue	Tue 6-7:30PM	Lippold	Thu 4:30-6PM	Lippold	Fri 6-7:30PM	Lippold 2
2011 White	Tue 4:30-6PM	Lippold	Wed 4:30-6:00 PM	MAC	Fri 6-7:30PM	Lippold 2
2010 Elite	Tue 4:30-6PM	Lippold	Wed 6-7:30PM	MAC	Fri 6-7:30PM	Lippold 2
2009 Elite Blue	Mon 6:30-8:00 PM	Lippold	Tue 6:00-7:30 PM	Lippold	Thu 6-7:30PM	Lippold 4
2009 Elite White	Mon 6-7:30PM	Lippold	Wed 6:30-8PM	Lippold	Thu 6-7:30PM	Lippold 4
2008 Elite	Tue 6-7:30PM	Lippold	Wed 5-6:30PM	Lippold	Thu 4:30-6PM	Lippold 4
2008 Premier	Tue 7:30-9PM	Lippold	Wed 7:30-9:00 PM	MAC	Thu 4:30-6PM	Lippold 4
2007 Elite	Mon 7:30-9PM	Lippold	Tue 4:30-6PM	Lippold	Thu 7:30-9PM	Lippold 15
2007 Premier	Mon 7:30-9PM	Lippold	Wed 5-6:30PM	Lippold	Thu 4:30-6PM	Lippold 4
2006 Elite	Tue 6-7:30PM	Lippold	Wed 6-7:30PM	MAC	Thu 7:30-9PM	Lippold 15
2005 Elite Blue	Tue 7:30-9PM	Lippold	Wed 4:30-6PM	MAC	Thu 7:30-9PM	Lippold 14
2005 Elite White	Tue 7:30-9PM	Lippold	Wed 6-7:30PM	MAC	Thu 7:30-9PM	Lippold 15
2003/04 Elite Pool	Tue 6-7:30PM	Lippold	Wed 4:30-6PM	MAC	Thu 7:30-9PM	Lippold 14
Youth Academy	Thu 6-7pm	Lippold	X	X	X	X
Goalkeeper Training	TBD					