

2023 - 2024 CLSF

Recreational Coaches' Meeting



# Agenda

- 2023 - 2024 Calendar
- Recreational League Details
- Code of Conduct
- Policies
- Coaching Resources



# 2023 – 2024 Calendar

Equipment Pickup  
August 26<sup>th</sup>

Fall Season Starts:  
September 9<sup>th</sup>

Picture Day  
September 16<sup>th</sup>

Fall Season Ends:  
October 28<sup>th</sup>

Spring Season Starts  
April 13<sup>th</sup>

Spring Season Ends  
June 1<sup>st</sup>

- **Picture Day**

- Location: Lippold Park next to The Soccer House

- **Details**

- Arrive 45 minutes prior to each teams' game.
- All ordering will be done on-line through VIP (additional details to follow).
- Head coach and assistant coaches receive free appreciation photo/plaque. Make sure to update us with the names of your assistant coaches.



# CLSF Age Groups and Details

<b>Age Group</b>	<b>Ball Size</b>	<b>Game Length</b>	<b>Referees</b>
U6	3	8 minuets x 4 quarters	Coaches
U8	3	12 minutes x 4 quarters	Yes
U10	4	25 minutes x 2 halves	Yes
U12	4	30 minutes x 2 halves	Yes
U14	5	35 minutes x 2 halves	Yes

Additional details can be found on page 9 in the Coaches' Handbook



ROUTE 176

WEST ENTRY

EAST ENTRY

ROUTE 176



**LIPPOLD FAMILY GOLF CENTER**  
CRYSTAL LAKE PARK DISTRICT

DRIVING RANGE

MINI GOLF

NW NE  
SW SE

MICKEY SUND  
BASEBALL COMPLEX

BLACKHAWKS  
LACROSSE FIELDS



MAINTENANCE  
FACILITY

SKATE PARK

SAND VOLLEYBALL

BATTING CAGES

BEER GARDEN

CONCESSIONS

PLAYGROUND

BONCOSKY  
SOFTBALL COMPLEX

TONY CAPALBO  
BASEBALL COMPLEX

SAGE STREIT  
DINZOLE SPENCE

CONCESSIONS

CONCESSIONS

CRYSTAL LAKE  
SOCCER FEDERATION

SOCCER TRAINING AREA

SOCCER HOUSE  
CONCESSIONS

DISC COURSE

2 1

3

14 13 11 12 10

9 8 7

5 4

6

Soccer: Note: Fields may move based on field conditions

DISC COURSE

WETLANDS & POND

CRYSTAL LAKE RAIDERS  
FOOTBALL FIELDS



WALT HERRICK TRAIL



# CLSF Recreational League Details

- Uniform and Equipment pickup
  - **Saturday August 26<sup>th</sup>, 9AM to 4 PM at Soccerhouse.**
  - If you can't be there, send an assistant or someone from your team. Use care in distributing uniforms by size to ensure each player receives a kit that fits or comes close to fitting.
- No standings kept; scores reported to assist in scheduling a more equitable spring season.
- CLSF DOES NOT supply any kind of trophy or award.
  - Any awards given are up to the individual teams



# Games

- BYGA houses the game schedules.
- Rainouts/Cancellations/Make-up Games
  - Inclement weather may cause SOME but not necessarily all games to be cancelled, depending on the weather and field conditions - it depends on the fields, as some drain better
  - Real-time updates will be posted [CLSF.org](http://CLSF.org)



# Games

- When Thor Guard alarm goes off clear the field
  - Strobe light flashes on top of Soccerhouse
- Reenter the field only if the “all clear” is given
  - 3 five-second blast sounds
- If the game is interrupted by alarm
  - Players and spectators should go immediately to their vehicles.
  - Coaches should go to Soccerhouse where the decision will be made to resume or terminate game.
- If prior to the game
  - Coaches should come to Soccerhouse
  - Do not wait in your car.





# CLSF Code of Conduct

- Show respect to all participants, staff, referees, and volunteers.
  - Refrain from using abusive or foul language.
  - Refrain from threatening or causing bodily harm to self, other participants, staff, referees, and volunteers.
- Under no circumstances are parents or supporters to coach players during the game. This is the responsibility of the coach.
- All Coaches and Assistants must fill out Coach Registration form



# CLSF Code of Conduct

- **ZERO TOLERANCE**

- Failure to adhere to this code of conduct may result in a suspension or expulsion from CLSF events.
- Posted on CLSF.org
- Mandatory for all coaches to read and sign that you acknowledge and will enforce the code of conduct.
  - This is part of the Coach Registration form.



# Goal Safety

- Per the IYSA:
  - Each coach, manager and/or official of a team/club/organization must **INSPECT & ENSURE** prior to any activity that the fields, goals and portable equipment that they are using are safe and that the goals are anchored and STORED.
  - Failure to follow the policy will result in potential fines and/or suspension by the IYSA.
- Do not let players hang on the cross bar, pull on the nets, or play with the goal anchors.



# Volunteer Policy

- Parents are to support and uphold the commitment of their children in the program. Parents are asked to volunteer their time to help fulfill the many tasks needed to run CLSF.
- Saturdays
  - Golf cart rides
  - Concessions



# Equipment

- Shin guards required. Players must provide their own.
- No jewelry. This includes earrings. Referees have been instructed not to allow players to participate while wearing earrings or studs. No taping of earrings allowed.
- Only safety rec spec sports glasses are allowed. No street glasses permitted.
- Casts are permitted provided they are covered by at least  $\frac{3}{4}$  " of slow recovery material. Subject to approval by the referee. A physician's clearance to play note must be presented to the ref prior to game.



# Guest Player Policy

- If a coach finds that his/her team will not have enough players to field a full team, including substitutes, players from another team, in the same age group may be used
- Boys CANNOT be used as guest players on girls' teams
- Competitive players may not be used as guest players



# Competitive Player Policy

- Competitive players may participate on a CLSF Recreational Team, however:
  - CLSF must be advised of the competitive player's status at registration or prior to being rostered with a rec team
- Competitive team players will be distributed equitably among recreational teams.
- CLSF may not be able to honor requests by competitive players for placement on specific rec teams.



# Coaches Background Checks

- All coaches and assistant coaches must complete a criminal background check and complete the nationally mandated Safe Sport Course and Concussion Training Course.
- We will contact all new coaches with the link to complete these requirements online.
- All background checks are confidential. The results will only be seen by the CLSF Administrator
- If there are questions regarding any records, you will be contacted by the CLSF administrator.





# Coaching Resources

- US Soccer Grassroots training through [US Youth Soccer](#).
  - 4v4
  - 7v7
  - 9v9
  - 11v11
- Coaches Corner can be found on [clsf.org](http://clsf.org)
  - [www.clsf.org](http://www.clsf.org) → Resources → Coaches Corner
  - Lesson Plans
  - Training E-Books

Tuesday Fundays Skill Programs



# Additional CLSF Programs

- TOPSoccer – Soccer for special needs children
- Academy
  - For players kindergarten through second grade looking for a more challenging environment and wish to play more.
  - Each player **must play** on a recreational team to be eligible to play in the Academy Program
- Select
  - For players 3<sup>rd</sup> – 8<sup>th</sup> grade looking for a more challenging environment to play more.
  - Each player **must play** on a recreational team to be eligible to play in the Select Program.
- Force
  - For those players that want increased training and a play against higher level of competition.



# Scrimmage Game Opportunity

On Saturday August 26 you will have an opportunity to participate in a scrimmage game at the soccer fields at Lippold Park. Games will be a part of our referee training course, and will be officiated by our new or advancing referees under the supervision of our fine staff of referee instructors.

Two U12 teams are needed for the 9AM Game.

Two U8 teams are needed for the 11AM game, and two more U8 teams are needed for the 1PM. Game.

Interested teams should contact our Referee Coordinator Bob Hansen [refbob@sbcglobal.net](mailto:refbob@sbcglobal.net)



Questions?

