

# CRYSTAL LAKE

## Force Youth Program – U13 & U14

Our FORCE Youth Program is for players interested in a more competitive level of play. All FORCE Youth Program teams are professionally coached to compete at the highest level. Youth players at these age groups will focus on technical skills and tactical concepts while learning the 11v11 format.

### Youth Program Details:

- All teams are professionally coached and trained
- **Team Camp:** Aug 9, 2010
- **Fall Season:** August 9 – November 14
- **Winter Season:** January 3 – March 21
- **Spring Season:** April 4 – June 12
- **Training:** Fall & Spring – 3 sessions per week; Winter 2 sessions per week
- **League Games:** 10 Fall; 10 Winter; 9 Spring
- **Fall Tournaments:** Celtic Cup – Palatine; Superclubs – Rockford
- **Spring Tournaments:** – Puma Cup – Rockford; Memorial Day Shootout – Schaumburg; State Cup

### Tryouts:

Players are selected based on ability. The FORCE will create two teams per age group (dependent on numbers). Tryout dates:

*U9-U11 Girls:* 6/1 and 6/3 - 6:00 to 7:30 - check in at 5:00

*U9-U11 Boys:* 6/2 and 6/4 - 6:00 to 7:30 - check in at 5:00

For more information contact Dan Quinn at: [force@clsf.org](mailto:force@clsf.org)