

# CRYSTAL LAKE

## Force Youth Program - U9-U11:

Our FORCE Youth Program is for players age 8-11. All FORCE Youth Program teams are professionally coached to compete at the highest level. Youth players will focus on technical skills while introducing tactical concepts.

### Youth Program Details:

- All teams are professionally coached and trained
- **Team Camp:** Aug 9, 2010
- **Fall Season:** August 9 – November 14
- **Winter Season:** January 3 – March 21
- **Spring Season:** April 4 – June 12
- **Training:** Fall & Spring – 3 sessions per week; Winter 2 sessions per week
- **League Games:** 10 Fall; 10 Winter; 9 Spring
- **Fall Tournaments:** Celtic Cup – Palatine; Superclubs – Rockford;
- **Spring Tournaments:** – Rockford Puma Cup, Memorial Day Shootout;

### Tryouts:

Players are selected based on ability. The FORCE will create two teams per age group (dependent on numbers). Tryout dates:

*U9-U11 Girls:* 6/1 and 6/3 - 6:00 to 7:30 - check in at 5:00

*U9-U11 Boys:* 6/2 and 6/4 - 6:00 to 7:30 - check in at 5:00

For more information contact Dan Quinn at: [force@clsf.org](mailto:force@clsf.org)